

TOXICOLOGICAL PROPERTIES OF MYCOTOXIN CITRININ

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Review



ABSTRACT

Citrinin (CTN) is a secondary product of fungal metabolism and contaminant of various food and feed materials. This mycotoxin is produced by several fungal strains belonging to the genera *Penicillium*, *Aspergillus* and *Monascus*. *In vitro* and *in vivo* studies have shown clear evidence for reproductive toxicity and teratogenic, nephrotoxic, hepatotoxic and embryotoxic effects of citrinin. Mycotoxins can interfere in the cascade of cell machinery and thus affect cellular function. Citrinin is known mycotoxin that is spread over the world, however the mechanism of its action and other functions are still not known properly. Thus, the aim of this review paper is to summarize knowledge about mycotoxin citrinin, to describe its properties and effects on animal organism. In particular, known mechanism of toxicity is shown. In addition levels of exposure and bioaccessibility of citrinin is discussed. In the future, strategies for preventing the contamination by citrinin and the possibilities of its elimination should be investigated.

Keywords: Mycotoxins, citrinin, toxicity

INTRODUCTION

Mycotoxins are a group of structurally diverse secondary metabolites produced by various fungal species. These toxic compounds can contaminate foodstuffs, crops or human foods. The ingestion of these contaminated materials may be pathogenic in animals and humans as they may lead to serious health problems, such as liver, kidney or nervous system damage, immunosuppression and carcinogenesis. Mycotoxins can be classified as hepatotoxins, nephrotoxins, neurotoxins, immunotoxins and so forth. Cell biologists put them into generic groups such as teratogens, mutagens, carcinogens and allergens (Bennett and Klich, 2003).

The amount of mycotoxins needed to produce adverse health effects varies widely among toxins, as well as for each animal or person's immune system. Two concepts are needed to understand the negative effects of mycotoxins on human health: *acute toxicity*, what is the rapid onset of an adverse effect from a single exposure. The second one- *chronic toxicity*, that means the slow or delayed onset of an adverse effect, usually from multiple, long-term exposures. Mycotoxins can be acutely or chronically toxic, or both, depending on the kind of toxin and the dose. Membrane-active properties of various mycotoxins determine their toxicity. Incorporation of mycotoxins into membrane structures lead to alterations in membrane functions. In general, mycotoxins effects on DNA, RNA, protein synthesis and the pro-apoptotic action causing changes in physiological functions including growth, development and reproduction (Surai et al., 2008).

General characteristics of citrinin

Citrinin [C₁₃H₁₄O₅, IUPAC: (3R,4S)-4,6-dihydro-8-hydroxy-3,4,5-trimethyl-6-oxo-3H-2-benzopyran-7- carboxylic acid] (Figure 1) is an acidic lemon-yellow crystal with maximal UV absorption at 250 nm and 333 nm (in methanol), melting at 172 °C. It is sparingly soluble in water but soluble in dilute sodium hydroxide, sodium carbonate, or sodium acetate; in methanol, acetonitrile, ethanol and most of other polar organic solvents (Deshpande, 2002). It is capable of forming chelate complexes and can be degraded in acidic or alkaline solution, or by heating. It is a quinone methide with two intramolecular hydrogen bonds. Citrinin crystallizes in a disordered structure, with the p-quinone and o-quinone two tautomeric forms in a dynamic equilibrium in the solid state. In methanol or methanol/methylene chloride mixtures, citrinin undergoes a Michael-type nucleophilic addition reaction. This reaction is reversible and the equilibrium shifts toward the normal citrinin if temperature is increased in methylene chloride (Poupko et al., 1997).

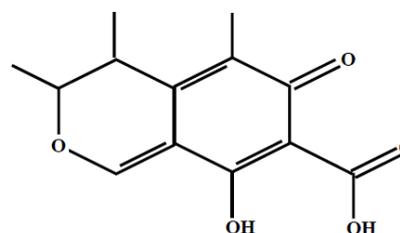


Figure 1 Chemical structure of citrinin

Toxicity of citrinin

Citrinin (CTN) is a secondary metabolite generally produced by various fungi, including *Penicillium*, *Monascus* and *Aspergillus* (Bennett and Klich, 2003). CTN is the one of the well-known mycotoxins, which is possibly spread all over the world and it is a natural contaminant of various types of feed and food, occurs mainly in stored grains, corn, wheat, rice, barley and nuts (CAST, 2003). Red chilli, black pepper and dry ginger are the most contaminated spices in which aflatoxins, ochratoxin A and citrinin were present in high concentration. Fennel, caraway and cumin are the spices which can be considered a bit resistant to mycotoxigenic fungi and mycotoxin contamination (Punam and Kumar, 2015). Although citrinin is one of the well-characterized mycotoxins, information on its mechanism of toxic action is limited. Clinically, citrinin was shown to cause renal disease in poultry, pigs, dogs and rats (Reiss, 1977; Yu et al., 2006). CTN has antibiotic properties against grampositive bacteria, but it has never been used as a drug due to its high nephrotoxicity. The kidney is the major target organ of CTN toxicity, but other target organs such as liver and bone marrow have also been reported (Gupta et al., 1983). Historically, CTN is one of the first isolated mycotoxins; however, the data on the mechanism of its toxicity are still controversial and most have been obtained *in vitro*. Like other mycotoxins, CTN could be implicated in porcine nephropathy (Krogh et al., 1973).

The effect of CTN on cell viability was tested with the MTT assay on Vero cells from the green monkey kidney treated with increasing CTN concentrations from 0 μmol.l⁻¹ to 250 μmol.l⁻¹ (Bouslimi et al., 2008). Up to the concentration of 60 μmol.l⁻¹ no significant change in cell viability was observed, and the estimated half maximal inhibitory concentration (IC₅₀) of citrinin was about 220 μmol.l⁻¹ after 48 hours of exposure. With the same exposure time, the IC₅₀ of CTN for human embryonic cell line was 120 μmol.l⁻¹. At 24 hours of exposure, the IC₅₀ of

CTN for human promyelocytic leukaemia (HL-60) cells and porcine kidney PK15 cells was 50 $\mu\text{mol.l}^{-1}$ and 68 $\mu\text{mol.l}^{-1}$, respectively (Yu et al., 2006; Šegvić Klarić et al., 2007).

In chronic tests, CTN (i) inhibits one of the key enzymes of cholesterol synthesis, leading to a reduced concentration of serum testosterone and hypocholesterolaemia (Endo and Kuroda, 1976); (ii) induces multiple immune modulator effects (Quingqing et al., 2012); and (iii) triggers nephropathy, hepato- and foetotoxicity and renal adenoma formation in various animal models (Carlton et al., 1974; Xu et al., 2006).

Toxicity, carcinogenicity, and teratogenicity

Acute LD₅₀ (median lethal dose) of CTN varies with the route of administration, physiological conditions and animal species. Oral LD₅₀ for rats is 50 mg.kg⁻¹ b.w. (Sakai, 1955), while subcutaneous LD₅₀ is 67 mg.kg⁻¹ b.w. (Ambrose and DeEds, 1945). The subcutaneous treatment of pregnant rats with 35 mg.kg⁻¹ on days 6, 9, and 10 of pregnancy resulted in 50 % or higher maternal mortality (Reddy et al., 1982). Acute lethal doses administered to rabbits, guinea pigs, rats and swine caused swelling of the kidneys and acute tubular necrosis (Ambrose and DeEds, 1946; Friis et al., 1969; Krogh et al., 1970).

Subchronical oral treatment of rats with water suspension isolated from a strain of *Penicillium viridicatum* Westling caused CTN-induced kidney damage characterized by enlarged kidney, hydropic degeneration, loss of brush border and pyknotic nuclei in the proximal tubules (Friis et al., 1969). Treatment of mice with weekly injections of CTN (20 mg.kg⁻¹) for six weeks resulted in a significant decrease in total bone marrow cells, red blood cell precursors, white blood cell precursors, megakaryocytes, decrease in spleen weight and decrease in the total spleen cell count (Gupta et al., 1983). The electron transport system of the kidney and liver mitochondria were considered as the target of the toxic action of citrinin (Da Lozzo et al., 1998).

CTN is embryocidal and foetotoxic in mice (Hood et al., 1976). In pregnant Sprague-Dawley rats, CTN given subcutaneously (35 mg.kg⁻¹ b.w.) on gestation day 3 to 15 did not decrease the number of implants and no gross or skeletal malformations were found, but the foetuses were about 22 % smaller than control (Reddy et al., 1982). CTN injected to pregnant rats of the same strain at a dose of 30 mg.kg⁻¹ on gestation days 5 to 14 resulted in a few foetal resorptions and minimal malformations (Mayura et al., 1984).

Genotoxic and nephrotoxic effects of citrinin

Genotoxicity of CTN has not been unequivocally established because various test systems gave both positive and negative results. An increase in DNA damage was detected using single cell gel electrophoresis (comet test) in Vero cells exposed 24 h to CTN (Bouslimi et al., 2008). However, the same method gave negative results in human-derived liver cells (HepG2) (Knasmüller et al., 2004) and human embryonic kidney cells (HEK293) (Liu et al., 2003) no matter if Fpg was present or not. This suggests that CTN-induced oxidative stress did not affect DNA. In contrast to negative results, various cell cultures exposed to CTN showed a significant increase in micronucleus frequency (Šegvić Klarić et al., 2007).

Citrinin has been shown to be nephrotoxic when pigs were fed doses of 200-400 mg citrinin/kg for 1 to 2 months (Harwig and Munro, 1975). Another characteristic of citrinin toxicity is polyuria resulting in injury and cell death in the proximal renal tubule (Lurá et al., 2001). *In vitro* studies with renal cortical explants from swine synthesis indicated that DNA, RNA and protein synthesis were inhibited at 0.01 mM citrinin, inhibition of respiration was seen at 1 mM citrinin and organic iron transport was inhibited at 0.01 mM citrinin (Braunberg et al., 1992). CTN along with ochratoxin A (OTA) has been implicated as a potential causative agent in human endemic Balkan nephropathy (Vrabcheva et al., 2000). It is revealed that OTA-induced cytotoxicity is mediated by direct DNA damage whereas CTN caused ROS-mediated DNA damage. Cells suffering from DNA damage directly or through ROS take to intrinsic pathway of apoptotic cell death (Gayathri et al., 2015).

Mechanism of toxicity

In vertebrate, mycotoxin is metabolized by cytochrome P450 enzymes to metabolite-guanine-N7 adduct (Figure 2). The carcinogenic potency is highly correlated with the extent of total DNA adducts formed *in vivo* (Eaton and Groopman, 1994).

Cytotoxicity and ROS generation are mechanisms of mycotoxins mediated toxicity. ROS (reactive oxygen species) are chemically reactive molecules containing oxygen. They are highly reactive due to the presence of unpaired electrons. ROS formed as a natural byproduct of the normal metabolism of oxygen have important roles in cell signaling and homeostasis. However, during times of environmental stress, ROS levels can increase dramatically as a result of oxidative stress (Devasagayam et al., 2004). Oxidative stress occurs when the concentration of ROS generated exceeds the antioxidant capability of the cell. In other words, oxidative stress describes various deleterious processes resulting from an imbalance between the excessive formation of ROS and limited

antioxidant defenses (Sies, 1991). Under normal conditions, ROS are cleared from the cell by the action of superoxide dismutase (SOD), catalase (CAT) or glutathione peroxidase (GPx). The main damage to cells results from the ROS-induced alteration of macromolecules such as polyunsaturated fatty acids in membrane lipids, proteins and DNA. Additionally, oxidative stress and ROS can originate from xenobiotic bioactivation by prostaglandin H synthase (PHS) and lipoxygenases (LPOs) or microsomal P450s which can oxidize xenobiotics to free radical intermediates that react directly or indirectly with oxygen to produce ROS and oxidative stress (Tafazoli, 2008).

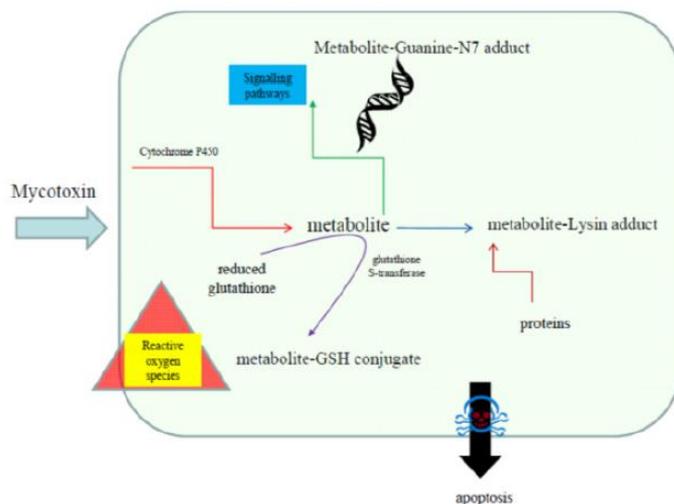


Figure 2 Mycotoxin metabolism in vertebrates (Vasatkova et al., 2009).

CTN under *in vivo* condition has the ability to cause oxidative stress and ROS-mediated DNA damage in mouse skin upon topical exposure leading to enhanced expression of p53, p21/waf1 and Bax proteins that causes cell cycle arrest at the G₀/G₁ as well as G₂/M phases and caused apoptosis through the mitochondria-mediated pathway (Kumar et al., 2011). The p53 protein plays a key role in the DNA damage response pathway by transmitting a variety of stress signals associated with antiproliferative cellular responses that lead to apoptosis (Jiang et al., 2010). In response to CTN-induced DNA damage, overexpression of p53 protein leading to upregulation of p21/waf1 was also observed, which results in arrest of the cell cycle progression at the G₀/G₁ or G₂/M phases (Abbas and Dutta, 2009). CTN exposure could lead to toxicity by enhancing apoptosis of normal skin cells which involves a cascade of events including cell cycle arrest at G₀/G₁ as well as G₂/M phases. The cell cycle arrest by CTN may permit DNA repair, but if it is faulty may allow proliferation of mutated cells, which is generally observed in case of tumorigenesis (Das et al., 2005b).

The cytotoxic effects of several mycotoxins including CTN on target tissues and cultured cells are thought to correlate with their apoptosis-inducing ability (Chan, 2007; Yu et al., 2006).

The mycotoxin citrinin triggers an immediate and general antioxidant response in yeast cells. Induction of harmful ROS levels might therefore be the prevalent toxicity mechanism of this toxin. In yeast cells, citrinin activates the expression of antioxidant encoding genes and oxidative stress specific reporters. The ROS activated transcription factor Yap1 is critically involved in the adaptive response to citrinin. Additionally, the mutation of specific toxin exporters such as Pdr5, identifies physiologically important citrinin defense systems. Yeast is an efficient model to unravel toxicity and detoxification mechanisms of mycotoxins (Pascual-Ahuir et al., 2014).

Factors such as breeding, sex, environment, nutritional status, as well as other toxic entities can affect the symptoms of intoxication and may contribute to the significance of mycotoxin damage on economic output and animal health (Binder et al., 2007).

CTN causes cell injury, including apoptosis. However, its precise regulatory mechanisms of action, particularly in stem cells and embryos, are currently unclear. Recent studies show that CTN has cytotoxic effects on mouse embryonic stem cells and blastocysts, and is associated with defects in their subsequent development, both *in vitro* and *in vivo*. Experiments with the embryonic stem cell line, ESC-B5, disclose that CTN induces apoptosis via several mechanisms, including ROS generation, increased cytoplasmic free calcium levels, intracellular nitric oxide production, enhanced Bax/Bcl-2 ratio, loss of mitochondrial membrane potential, cytochrome C release, activation of caspase-9 and caspase-3, and p21-activated protein kinase 2 and c-Jun N-terminal protein kinase activation. Additional studies show that CTN promotes cell death via inactivation of the HSP90/multi-chaperone complex and subsequent degradation of Ras and Raf-1, further inhibiting anti-apoptotic processes such as the Ras→ERK signal transduction pathway (Chan, 2008).

A recent study from the European Food Safety Authority (EFSA, 2012) preliminarily set the maximal citrinin dose of no concern for nephrotoxicity in humans at an exposure level of 0.2 $\mu\text{g/kg}$ body weight per day. For high

consuming individuals, especially children, the critical citrinin concentration ranges between 9 and 53 µg/kg grain-based products and for average consumers between 19 and 100 µg/kg grain-based products. However, the same study concluded that the impact of uncertainties on the risk assessment of citrinin is large, and that more data regarding both the occurrence of citrinin in food and feed in Europe and the toxicity mechanisms of this mycotoxin are needed.

CONCLUSION

The mechanism of CTN toxicity is not fully understood, especially not whether CTN toxicity and genotoxicity are the consequence of oxidative stress or of increased permeability of mitochondrial membranes. There is also a need for toxicological studies in laboratory animal species to further explore the toxicological potential of citrinin and to characterize the dose-response relationships.

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