QUALITY OF CHOK ANAN MANGO AS AFFECTED BY TAPIOCA-SAGO STARCH COATING SOLUTIONS STORED AT ROOM TEMPERATURE

Wong, F.L., Wan Zaliha, W.S. and Yusniita, H.*

Address(es):
School of Food Science and Technology, Universiti Malaysia Terengganu, 21030 Kuala Terengganu, Malaysia.

*Corresponding author: yusniita@umt.edu.my

doi: 10.15414/jmbfs.2016.6.1.737-742

ARTICLE INFO

ABSTRACT

Chok Anan mango, a climacteric fruit, is easily susceptible to quality deterioration during storage. However, no research has been conducted related to the application of tapioca and sago starch coatings on Chok Anan mangoes. Therefore, the aim of this research was to study the effect of tapioca-sago starch coating towards the quality of Chok Anan mango through storage. Hard matures Chok Anan mangoes (stage 2) were coated with different ratios of tapioca (T) and sago starch (S), i.e. 25%T: 75%S, 50%T: 50%S and 75%T: 25%S. Uncoated mangoes were served as the control. Coated and uncoated Chok Anan mangoes were packed in corrugated box to ripen at ambient temperature (27±2°C) for 13 days. Starch analysis demonstrated that sago contained higher amylose (28.15%) than tapioca starch and thus a higher percentage of sago starch in the coating solution (25%T: 75%S) contributed to higher coating’s viscosity (75.90 cP). Analysis of coated mangoes exhibited significant better fruit quality as compared to the uncoated samples. Application of starch coating solutions with high percentage of sago starch (50%T: 50%S and 25%T: 75%S) were effectively delayed the increased of disease incidence, moisture loss and total soluble solids content as well as delayed the decreased of titratable acidity content during storage. Nevertheless, towards the final day of storage (day 13), no significant difference was shown in the peel color index, firmness and ascorbic acid content of Chok Anan mangoes between all coatings formulations applied.

Keywords: Chok Anan mango, quality, sago, tapioca

INTRODUCTION

Chok Anan mango is one of the mango varieties that gained high demand in Malaysia. However, mango, being a climacteric fruit, is highly perishable and easily susceptible to physiological deterioration after harvest (Baldwin et al., 1999). Normally, the shelf life of mangoes has been just around 4 to 8 days at ambient temperature storage (27±2°C) (Jha et al., 2010; Habib et al., 2009). This short shelf life gives rise to extreme difficulties, especially for long distance transport and export markets. Hence, further investigation is needed to encounter this issue.

One of the effective approaches to extend the shelf life of mango is through the application of edible coatings. Several researches have proved that edible coatings helped to reduce the post-harvest losses by slowing down the mango ripening, hence lead to better preservation of colour, firmness, titratable acidity, total soluble solids and total ascorbic acid contents (Gracia et al., 1998; Dang et al., 2008; Kittur et al., 2014). Among all the coatings’ component choices (polysaccharides, proteins and lipids), starch, which is under the groups of polysaccharides, is the most selective components used in fruits coating (Bibi and Baloch, 2012; Kittur et al., 2001). This is due to its odorless, tasteless, colorless, impermeable to oxygen, biodegradable and safe to be consumed characteristics (Pareta and Edirisinghe, 2006).

Nevertheless, due to the shortage and increasing prices of other starches (wheat, corn and soybeans), tapioca starch is viewed as an alternative source by food companies (FAO, 2004) in fruits’ coating (Chiumarelli et al., 2011; Castricin et al., 2012). Tapioca starch is known to have high viscosity (Moorthy, 2004) and clear appearance (William, 2009). However, currently, in Malaysia the total plantation area of tapioca starch has dropped steadily from 20913 ha in 2000 (Tan and Idris, 2000) to 2596 ha in 2011 (Jabatan Pertanian Malaysia, 2013).

Thus, starch from sago palm has gained more attention recently as this underutilized palm has been an extremely sustainable plant with the ability to thrive in most soil conditions (Singhal et al., 2008). Despite of having almost the same characteristic with tapioca starch, sago starch is easy to gelatinize, high in viscosity and undergo low syneresis (Takahashi, 1986). Moreover, in 2013, sago has been declared as the “Golden Crop in the 21st Century” (Mahmud, 2013).

Several researchers have studied the performance of coated fruit by using sago starch are still scarce. Owing to the possible potential of sago starch being used as coating solutions either exclusively or partially with other types of starch, and the lack of published work regarding sago in coating solutions, hence, the effect of different combination of tapioca-sago starch coating solutions on post-harvest quality of Chok Anan mangoes stored at ambient temperature for 13 days storage were studied.

MATERIAL AND METHODS

Starch Samples

Tapioca starch (granule size ranged from 9.1- 20µm) and sago starch (granule size ranged from 13.9 - 37.6µm) were purchased from Eugene Chemicals Sdn. Bhd, Malaysia.

Total Amylose Content

Total amylose content in starch was determined quantitatively based on Hoover and Ratnayake (2001) method. An amount of 5.0ml of the sample (dissolved starch or amylose standard solution) prepared in were mixed with 5ml of 1:1-KI solution. Then, the volume was adjusted to 20ml with distilled water, mixed vigorously and left at room temperature for 15 minutes to allow the development of a blue colour of amylose-iodine complex. Then, the absorbance of the sample was measured using a spectrophotometer (UV Vis-1800, Shimadzu, Japan) at 600nm against distilled water as a reference.

Preparation of Coating Solutions

The coating solutions were prepared according to Gracia et al. (2010) method with slight modification. An amount of 3% starch powder with different ratios of tapioca (T) to sago (S) starches i.e. F1 (50%T:50%S), F2 (75%T:25%S) and F3 (25%T:75%S) were dissolved in distilled water. The starch mixtures were stirred and heated until 90±2°C and maintained for 3 minutes at this temperature to
accomplish starch gelatinization. Then, 1% (w/v) of palm oil together with 0.5% (w/v) of glycerin were added and stirred continuously for 3 minutes, followed by the addition of 0.5% (w/v) potassium sorbate for 5 minutes. After that, the coating solutions were homogenized for 10 min and left it to cool down to room temperature.

**Viscosity of Coating Solutions**

The viscosity of tapioca-sago starch coating was measured using a Brookfield digital Viscometer model DV-E (Brookfield engineering labs, INC, Middleboro, USA) with spindle number 2 at 100 rpm. Triplicate readings were taken by immersing the spindle into the coating solutions for 3 minutes to obtain thermal equilibrium between solutions and spindle with continued shearing (Al-Hassan and Norziah, 2011). The readings were expressed in centipoises (cP). The viscosity measurement was conducted when the coating solutions reached room temperature (27±2°C).

**Plant Materials**

Hard mature Chok Anan mangoes (13 weeks after flowering) were obtained from Sui Yuan orchard, Kuala Baram, Perak. Uniform size (250-300g), free from blemish and decay of Chok Anan mangoes were chosen. All the chosen mangoes were at index maturity stage 2.

**Coated Chok Anan Mangoes**

Chok Anan mangoes were washed, sanitized using 200ppm sodium hypochlorite solution for 2 minutes, rinsed and dried prior to coating. Then, Chok Anan mangoes were dipped in the coating solutions for 30 seconds and drip off for 2 min. After that, the coated Chok Anan mangoes were air-dried for 30 minutes at ambient temperature, packed in the corrugated box and stored at ambient temperature (27±2°C) for 13 days. Uncoated Chok Anan mangoes were served as the control. All the assessments on coated and uncoated Chok Anan mangoes were carried out for every 2 days of storage interval started on day 1.

**Observation of the Disease Incidence**

Chok Anan mangoes were considered infected when a visible lesion was observed. Visible microbial attack on the mango was characterized as brown spots and a softening of the injured zone. The degree of disease incidence were assessed according to the percentage of disease area affected per fruit (Khaliq, et al. (2015). The percentage score was then related to a 5-point scale, where 0 = 0% area affected, 1 = 1-5% area affected, 2 = 6-15% area affected (mild), 3 = 16-30% area affected (moderate) and 4 = 31-100% area affected (severe).

**Measurement of the Peel Color Indexes**

The peel color of Chok Anan mangoes measurements i.e. lightness (L*), redness (a*), yellowness (b*), chroma (C*) and hue angle (h°) were determined using a Chroma meter (CR 400, Konica Minolta, Japan). Color was measured at each of the two equatorial opposite sides: exposed area and shaded area. Calibration was carried out prior to the determination process (Mohamed, et al., 2015).

**Determination of Fruit Firmness**

The firmness of Chok Anan mangoes was measured using a texture analyzer (TA. XTPlus, Stable Micro System Ltd, UK) by measuring the maximum penetration force required. The P2N probe was used to penetrate into Chok Anan mangoes at a rate of 5mm/s. The downward distance was set at 10 mm and automatic return (Rojas-Grau, et al., 2009). Three nives of Chok Anan mangoes for each treatment were taken at three different areas (upper, middle and lower parts) for both sides. The firmness was reported as peak force and expressed in newton per gram of sample.

**Determination of Total Soluble Solids (TSS) Content**

TSS was determined according to the AOAC standard method where the analyses were performed with a Milwaukee MA871 digital refractometer with automatic temperature compensation. Edible flesh of Chok Anan mangoes was cut into small cube and the juice was extracted by hand, pressed the flesh in a piece of cheesecloth. Two drops of the mango juice were dropped on the prism of the refractometer. Readings were expressed in °Brix.

**Determination of Titratable Acidity (TA) Content**

TA was measured by titration method with 0.1N NaOH and expressed in percent of citric acid/100ml of juice. Approximately 10ml of the Chok Anan mangoes were homogenized using blender with 40ml distilled water and then filtered through cotton wool. Three drops of 0.5% phenolphthalein were dropped inside the 5 ml of diluted juice solution and titrated using 0.1N NaOH to pH 8.2.

**Determination of Total Ascorbic Acid(TAA)**

The determination of the TAA concentration in Chok Anan mangoes was carried out according to the method reported by Khan and Singh (2009). Approximately 5g of Chok Anan mango was homogenized in a glass mortar with 25ml of 6% metaphosphoric acid containing 0.18g of EDTA. The homogenate was centrifuged at 3000rpm for 15 minutes. The supernatant (500 µL), 3% of metaphosphoric acid (100 µL), 1400µL distilled water and diluted 200µL. Folin reagent (Folin: distilled water, 1:5 v/v) were mixed and vortex for 2 minutes. Disposable cuvette (2 ml) was used to record the absorbance of the mixed sample after 10 minutes at 760nm wavelength using a UV-VIS spectrophotometer. Ascorbic acid concentration was quantified using a standard curve of L-ascorbic acid and was expressed as mg 100 g fresh weight.

**Statistical Analysis**

A complete randomized design was used and all data were analyzed by using Statistical Analysis System (SAS 9.3, version 16, 2012). The experimental data for coated Chok Anan mangoes were subjected to two-way analysis of variance (ANOVA) coating solutions treatment x storage time). LSD was calculated following a significant (p≤0.05) F-test. Data were stated as mean ± standard error of means.

**RESULTS AND DISCUSSION**

**Starch Amylose Content**

Figure 1 Total amylose content of starches using iodine-binding method. Vertical bars represent standard deviation (n=3).

It is evident that sago starch contained higher amylose content (28.15%) as compared to tapioca starch (22.55%) (Figure 1). As referred to Al-Hassan and Norziah (2012), amylose content in sago starch was found to be in the range of 32-34%. The differences in amylose content in sago starch might probably due to the different parts of the harvested trunk (Singhal et al., 2008). Whereas, the amylose content of tapioca starch was slightly higher than the established value (17%) but it is well agreed with the published values of 21.5%-22.5% as reported by several researchers (Chen et al., 2009; Sobolewska-Zielinska and Fortuna, 2010).

**Coating Solutions Viscosity**

Result showed that, viscosity was significantly higher (p≤0.05) in 25%:T: 75%S (75.90 cP) starch coating solutions followed by 50%:T: 50%S (75.33 cP) and 75%:T: 25%S (73.85 cP) starch coating solutions measured at ambient temperature (27±2°C) (Table 1).
Table 1 Viscosity of tapioca-sago starch coating solutions measured at 27 ± 2°C

<table>
<thead>
<tr>
<th>Coating Solutions</th>
<th>Viscosity (cP)</th>
</tr>
</thead>
<tbody>
<tr>
<td>25%T: 75%S</td>
<td>75.93±0.10</td>
</tr>
<tr>
<td>50%T: 50%S</td>
<td>75.33±0.11</td>
</tr>
<tr>
<td>75%T: 25%S</td>
<td>73.85±0.12</td>
</tr>
</tbody>
</table>

Least significant difference of means at p ≤ 0.05 level 0.32***

Mean ± standard deviation with different letters showed significant difference (p ≤ 0.05) by the least significant difference (LSD) with n=3

The result showed that the viscosity of tapioca-sago starch coating solutions increased with the increased of sago starch which might attribute by the higher percentage of amylose contained in its starch composition (Figure 1). This was explained by Xie, et al. (2009) that high amylose content contributed to high viscosity was due to the long linear amylose chains being more easily susceptible to entanglement compared with the inflexibility of the short branched chain in amylpectin.

Disease Incidence

There was an interaction between the storage time and coating formulation was recorded for the disease incidence of Chok Anan mangoes. However, an increment (p≤0.05) for disease incidence of Chok Anan mangoes was shown after seven days of storage (Table 2). This might be associated with the increment of fruit ripening (Khalil et al., 2015). Meanwhile, regardless of the storage time, disease incidence of Chok Anan mangoes coated with 25%T: 75%S starch solution was significantly lowered as compared to 75%T: 25%S starch solution and control. The mangoes coated with 25%T: 75%S starch solution exhibited the lowest scale (0.29) for the disease incidence parameter (Table 2). This formulation exhibited an approximately 77.52% inhibition of pathogen development as compared to the control. This might be due to the higher percentage of amylose content in sago starch (Figure 1) which promoted strong cohesive coating properties that can reduce coating porosity (Wittaya, 2012). Thus, preventing the pathogen entering from the skin surface to fruit tissue, (Yaman & Bayındır, 2001) and thereby reduced the disease incidence occurred on mangoes. On the other hand, disease incidence in mangoes coated with 75%T: 25%S (0.90) starch solution was comparable to control (1.29) and 50%T: 50%S starch solution (0.57) (Table 2).

Table 2 Effect of various tapioca-sago starch coating formulations and storage time of the disease incidence of coated Chok Anan mangoes stored at ambient temperature (27±2°C).

<table>
<thead>
<tr>
<th>Factors</th>
<th>Disease Incidence</th>
</tr>
</thead>
<tbody>
<tr>
<td>Coating Formulations (F)</td>
<td></td>
</tr>
<tr>
<td>0% (Control)</td>
<td>1.29±0.29</td>
</tr>
<tr>
<td>25%T: 75%S</td>
<td>0.29±0.21</td>
</tr>
<tr>
<td>50%T: 50%S</td>
<td>0.57±0.20</td>
</tr>
<tr>
<td>75%T: 25%S</td>
<td>0.90±0.10</td>
</tr>
<tr>
<td>Storage Time (Days)</td>
<td></td>
</tr>
<tr>
<td>1</td>
<td>0.00±0.00</td>
</tr>
<tr>
<td>3</td>
<td>0.00±0.00</td>
</tr>
<tr>
<td>5</td>
<td>0.08±0.08</td>
</tr>
<tr>
<td>7</td>
<td>0.67±0.19</td>
</tr>
<tr>
<td>9</td>
<td>1.08±0.23</td>
</tr>
<tr>
<td>11</td>
<td>1.42±0.29</td>
</tr>
<tr>
<td>13</td>
<td>2.08±0.36</td>
</tr>
</tbody>
</table>

Least significant difference of means at p ≤ 0.05 levels

Coating Formulations (F) 0.37*
Storage Time (S) 0.49*
F = S NS

Mean ± standard deviation with the different letters within the same factors denote a significant difference (p ≤ 0.05) by the least significant difference (LSD) with n=6.

* = significant at p ≤ 0.05

Physiological weight loss

There was an interaction between the storage time and coating formulation (p≤0.05) for the physiological weight loss of Chok Anan mangoes. It is notable that the physiological weight loss of all coated and uncoated Chok Anan mangoes increased significantly (p≤0.05) towards the 13 days of storage (Figure 2). This was further explained by Khalil et al. (2015) where the fruit weight loss during storage might be attributed by the loss of water during transpiration and respiration process on mangoes.
A significant difference (p≤0.05) was observed between coated and uncoated Chok Anan mangoes was reported after 9 days of storage. The starch coatings exerted a beneficial effect on mangoes’ firmness in which, at the end of the storage periods (Days 13), all the coated samples were high in their firmness values as compared to control mangoes. However, between different formulations of coated mangoes, no significant difference (p>0.05) was observed.

**Fruit Firmness**

Significant interaction (storage time x coating formulation) were found in the firmness of Chok Anan mangoes stored at ambient temperature. It is clear from the results that the firmness of all coated and uncoated Chok Anan mangoes decreased as storage time prolonged (Figure 4). This was due to the substantial transformation and solubilisation of cell wall polymers such as cellulose, hemicellulose and pectin, which causes wall loosening and disintegration, resulting in fruits softening (Zaharah & Singh, 2011). A significant difference (p<0.05) was observed between coated and uncoated Chok Anan mangoes was reported after 9 days of storage. The starch coatings exerted a beneficial effect on mangoes’ firmness in which, at the end of the storage periods (Days 13), all the coated samples were high in their firmness values as compared to control mangoes. However, between different formulations of coated mangoes, no significant difference (p>0.05) was observed (Figure 4). The application of mango coatings played a role in inhibiting the fruit softening during storage. This was due to the ability of the coating which functions to enclose the pores on the fruit surface (Ali et al., 2011) hence created a good barrier against gas transmission. With the lack of oxygen supply to the fruit, the respiration rate of fruits and the activity of enzyme hydrolysis were decreased; therefore, the softening of fruits can be delayed (Dang et al., 2008). In addition, the slower decrement of physiological weight loss in coated Chok Anan mangoes as discussed in section 3.4 also contributed to the delayed of fruit softening as water loss from was retarded and shriveling symptoms was reduced.

**Total Soluble Solids Content (TSS)**

The TSS content of Chok Anan mangoes significantly interacted between the storage time and starch coating formulations. A significant increased (p<0.05) was observed in control mangoes after five days of storage, whereas mangoes coated with 50%T: 50%S and 75%T: 25%S starch solutions, showed an increment after day seven. The most delayed increment in TSS value was mangos coated with 25%T: 75%S starch solution. Chok Anan mangoes coated with this formulation only showed significant increase in TSS after 11 days of storage. The starch coatings exerted a beneficial effect on mangoes’ firmness in which, at the end of the storage periods (Days 13), all the coated samples were high in their firmness values as compared to control mangoes. However, between different formulations of coated mangoes, no significant difference (p>0.05) was observed. This indicated that coatings maintained the mango fruits natural color characteristic. This can be described as starch coatings provided a layer to fruit surface to reduce the gas permeability (Pagella et al., 2002) and thus delayed the respiration rate of mangoes and prolonged the shelf life. With the delayed of the ripening process, conversion of organic acids to sugars were declined (Wills et al., 2007a), and hence, the degradation of chlorophyll and synthesis of carotenoids was inhibited (Carrillo-Lopez et al., 2000).

**Figure 4** Fruit firmness of Chok Anan mangoes as influenced by the storage time and different formulation of tapioca-sago starch solutions stored at ambient temperature (27±2°C). n=9 (3 fruit × 3 replications). Vertical bars represent the standard error of means and are invisible when the values are smaller than the symbol. LSD (P ≤ 0.05): F = ns, S = ns, F × S = ns. ns = non-significant.
coated sample

sterilized and treated with citric acid and coated

Ascorbic Acid (100mg/l)

uncoated Chok Anan mangoes decreased gradually as storage time increased. The TAA content of uncoated Chok Anan mangoes started to decrease significantly after nine days of storage and showed the lowest (p≤ 0.05) TAA content as compared to coated Chok Anan mangoes. This might due to the presence of oxygen at surrounding during storage, which increased in respiration rate, thus, resulted in the release of water. This, thereby increased the degradation of ascorbic acid as ascorbic acid is readily oxidized in the presence of moisture (Ottaway, 2010).

1) which is believed to provide strong adhesion on the fruit

Figure 6 Titratable acidity (TA) content of Chok Anan mangoes as influenced by the storage time and different formulation of tapioca-sago starch solutions stored at ambient temperature (27±2°C). n = 9 (3 fruits × 3 replications). Vertical bars represent the standard error of means and are invisible when the values are smaller than the symbol. LSD (P ≤ 0.05): F = 0.45, S = 0.59, F × S = 1.18.

Storage Times (Days)

Figure 7 Total ascorbic acid (TAA) content of Chok Anan mangoes as influenced by the storage time and different formulation of tapioca-sago starch coating solutions stored at ambient temperature (27±2°C). n = 9 (3 fruits × 3 replications). Vertical bars represent the standard error of means. LSD (P ≤ 0.05): F = 0.58, S = 0.77, F × S = 1.54.

Storage Time (Days)

However, sample coated with 25%T: 75%S starch solutions retained (p≤0.05) the TAA content throughout the storage periods. Surprisingly, no significant difference (p>0.05) was observed between the coated Chok Anan mangoes until the last days of assessments (Days 13). This might attribute by the function of starch coating, which lowered the oxygen penetration into the fruit tissue, hence delayed the respiration rate. In this sense, the oxidations of ascorbic acid to dehydroascorbic acid were also decreased (Yaman & Bayoudhi, 2002).

CONCLUSION

This study proved that all tapioca-sago coating formulations prolonged the storage life of Chok Anan mangoes by delaying the yellow peel color development and activity of fruit softening as well as slowing down the decrement of the ascorbic acid content as compared to uncoated sample throughout the 13 days of storage. On top of this, mangoes coated with 50%T: 50%S and 25%T: 75%S starch solutions were more effective in delaying the ripening process by inhibiting the pathogen development, retarding the fruit weight loss as well as slowing down the changes of soluble solids and acidity content at the end of storage (day 13). Hence, it can be concluded that mangoes coated with more than or equal to 50% of sago starch (50%T: 50%S and 25%T: 75%S) maintained the quality and prolonged the mango shelf life effectively.

REFERENCES


Chiumarelli, M., Ferrari, C. C., Sarantopoulos, C. I. G. L. & Hubinger, M. D. 2011. Fresh cut “Tommy Atkins” mango pre-treated with citric acid and coated...


